

ABSTRACT

Author: Martina Císařová

Title: The treatment of psychosomatic diseases mental anorexia and bulimia in The Center of complex therapy in Liberec

Form: Diploma Thesis

Name of University: Charles University in Prague, Faculty of Pharmacy in Hradec Králové

Degree: Pharmacy

Aim and Task: The work focuses on the collection and analysis of data about the treatment of psychosomatic disorders mental anorexia and bulimia, and especially the specific approach in the treatment of these diseases in the Center of complex therapy in Liberec.

Principal information: At present we follow increasing of disease incidence of eating disorders - the cause of this phenomenon is attributed to various factors and according to them, the way how to treating patients is then determined. We focus on the gathering and the summarizing of known possible causes of these diseases and also to the currently used treatment options of mental anorexia and mental bulimia. In this field, we decided to describe an innovative new approach to the disease and its treatment in Center of complex therapy in Liberec. The crisis of family roles, so typical for today, appears to be one of the main causes, according to them. Currently, their theories and the practical applications of them, seems to be very effective and efficient attitudes to the treatment of eating disorders.

Conclusion:

Just family therapy and intervention towards holding the appropriate roles and attitudes in family, seems to be great potential in the future treatment of both mental anorexia and mental bulimia, as well as other psychosomatic diseases. In connection with therapy of eating diseases, mainly the father's role seems to have the capital importance in development and also in treatment of this disease, which suggest more than a decade of therapeutic practice at The Center of complex therapy in Liberec.

Keywords:

mental anorexia, mental bulimia, psychosomatic, family therapy, social uterus, social delivery